

ata SAFETYFIRST

Registered Office: 118A Windsor Road, Ilford, Essex, IG1 1HF
 Tel: 020 8227 1287 | Mobile: 07413 571602 | info@atasafetyfirst.com | www.atasafetyfirst.com

Salim's Indian Restaurant [Dine in | Takeaway]-Dishes and their Allergen Contents

No	Appetisers	No	Starters Continuous
	<p>Onion Bhaji Allergen Ingredients: Eggs</p> <p>Garlic Khumbi <u>Allergen Free</u> Allergen Ingredients: No allergen ingredients reported</p> <p>Chilli Chicken Tikka Allergen Ingredients: Dairy-Yogurt Mustard Nuts-Peanut</p> <p>Chilli Paneer Allergen Ingredients: Dairy-Cheese Mustard Nuts-Peanut</p> <p>Chilli King Prawn Allergen Ingredients: Shellfish-King Prawn Mustard Nuts-Peanut</p> <p>Shashlick-Selection of Chicken Tikka Lamb Tikka Allergen Ingredients: Dairy-Yogurt Mustard Nuts-Peanut Soya Sauce</p> <p>Puri Allergen Ingredients: Gluten-Wheat Dairy-Milk Egg</p> <p>Samosas-Selection of Veg Meat Allergen Ingredients: Gluten-Wheat Mustard May Contain-Green Beans</p> <p>Pakora-Selection of Chicken Tikka Fish-Tilapia Allergen Ingredients: Dairy-Yogurt Mustard Nuts-Peanut</p> <p>Chicken Kakri Allergen Ingredients: Dairy-Yogurt Mustard Nuts-Peanut</p> <p>Kebab Puri Allergen Ingredients: Gluten-Wheat Eggs</p> <p>Mixed Kebab Allergen Ingredients: Dairy-Yogurt Butter Eggs Mustard Nuts-Peanut</p> <p>Chef's Special Mixed Platter Allergen Ingredients: Dairy-Yogurt Butter Eggs Mustard Nuts-Peanut Soya Sauce</p> <p>Chicken Lamb Tikka Allergen Ingredients: Dairy-Yogurt Mustard Nuts-Peanut</p> <p>Sheek Kebab Allergen Ingredients: Eggs</p>		<p>Tandoori Chicken-On The Bone Allergen Ingredients: Dairy-Yogurt Mustard Nuts-Peanut</p> <p>Tandoori Lamb Chops Allergen Ingredients: Dairy-Yogurt Mustard Nuts-Peanut</p> <p>Pickles Poppadoms Chips Curry Sauce [V] Allergen Ingredients: Dairy-Milk Curry Sauce May Contain-Green Beans</p> <p>Tandoori Sauce [V] Allergen Ingredients: Dairy-Yogurt Single Cream Mustard Nuts-Peanut Almond May Contain-Green Beans</p> <p>Selection Of Pickles Mint Sauce--Dairy-Yogurt Mango Chutney Lime Pickle-May Contain Soybeans Sulphite</p> <p>Plain Papadom Spicy Papadom Allergen Ingredients: May Contaminate with Gluten</p> <p>Plain Chips <u>Allergen Free</u> Allergen Ingredients: No allergen ingredients reported</p> <p>Spicy Chips Allergen Ingredients: May Contain Sulphite</p> <p>Salims Specialities Shahi Korma-Selection of Chicken Tikka Lamb Tikka Sheek Tikka Tandoori Chicken Allergen Ingredients: Dairy-Milk Yogurt Single Cream Butter Mustard Nuts-Peanut Almond</p> <p>Passanda- Selection of Chicken Tikka Lamb Allergen Ingredients: Dairy-Milk Yogurt Single Cream Mustard Nuts-Peanut Almond</p> <p>Chicken Chilli Garlic Allergen Ingredients: Dairy-Milk Yogurt Mustard Nuts-Peanut</p> <p>Chicken Rezalla Allergen Ingredients: Dairy-Milk Yogurt Mustard Nuts-Peanut</p> <p>Tandoori Garlic Chicken Allergen Ingredients: Dairy-Milk Yogurt Mustard Nuts-Peanut</p>

Please note: Cooked food | Fizzy Drinks may contain Sulphite, it's widely used in the food and drinks industries for its properties as a preservative and antioxidant.

ATA SAFETY FIRST UK LTD-Food Safety Consultaion | Traning
 Registered Highfields Qualifications Training Services:- Food Safety | Allergen Awareness and Control | Personal License-APLH | Underage Sales Preventions | HACCP
 Consultation Services: Safer Food Better Business-SFBB [Food Hygiene Ratings] | Custom build HACCP and compliance documents | Custom build Allergen Management system |
 Licensing-Personal License | Premises License | Underage Sales Prevention and Policies Compliances | Planning Permission [Commercial Only Class-E]

ata SAFETYFIRST

Registered Office: 118A Windsor Road, Ilford, Essex, IG1 1HF
Tel: 020 8227 1287 | Mobile: 07413 571602 | info@atasafetyfirst.com | www.atasafetyfirst.com

Salim's Indian Restaurant [Dine in | Takeaway]-Dishes and their Allergen Contents

No		No	
	<p><i>Salims Specialities Continuous</i></p> <p>Tandoori Chicken Saag Allergen Ingredients Dairy-Milk Yogurt Mustard Nuts-Peanut Saag Contain Mustard Leaves</p> <p>Tandoori Chicken Balti Aloo Allergen Ingredients: Dairy-Milk Yogurt Mustard Nuts-Peanut</p> <p>Shahi Jalfrezi Allergen Ingredients: Dairy-Milk Yogurt Single Cream Mustard Nuts-Peanut</p> <p>Chicken Makhoni Allergen Ingredients: Dairy-Milk Yogurt Single Cream Butter Mustard Nuts-Peanut Almond</p> <p>Garlic Chilli Massala Allergen Ingredients: Dairy-Milk Yogurt Single Cream Mustard Nut</p> <p>Garlic Chicken Tikka Massala Allergen Ingredients: Dairy-Yogurt Single Cream Mustard Nuts-Peanut Almond</p> <p>Royal Chicken Allergen Ingredients: Dairy-Milk Yogurt Mustard Nuts-Peanut</p> <p>Naryali Chicken Allergen Ingredients: Dairy-Milk Yogurt Single Cream Mustard Nuts-Peanut</p> <p>Chicken Balti-Served with Indian Naan Bread Allergen Ingredients: Dairy-Milk</p> <p>Naan Bread Allergen Ingredients: Gluten-Wheat Dairy-Milk Butter Egg Allergen Ingredients: Dairy-Yogurt Celery Mustard Nuts-Peanut</p> <p>Salims Blackboards Specials</p> <p>Majee Allergen Ingredients: Dairy-Milk Yogurt Cheese Single Cream Mustard Nuts-Peanut</p> <p>Calcutta Karahi Allergen Ingredients: Dairy-Milk Single Cream Nuts-Cashew</p> <p>Madras Club Allergen Ingredients: Dairy-Milk Yogurt Single Cream Mustard Nuts-Peanut</p> <p>The Ghost Allergen Ingredients: Dairy-Milk</p> <p>Salims Special Tikka Butter Massala-Selection of Chicken Tikka Allergen Ingredients: Dairy-Milk Yogurt Single Cream Butter Mustard Nuts-Peanut Cashew</p>		<p><i>Salims Blackboard Specials Continuous</i></p> <p>Salims Special Tikka Butter Massala-Paneer Tikka Allergen Ingredients: Dairy-Milk Yogurt Cheese Single Cream Butter Mustard Nuts-Peanut Cashew</p> <p>Salims Golden Favourites</p> <p>Mixed Karahi-Selection of Chicken Tikka Lamb Tikka Sheek Tikka Tandoori Chicken Allergen Ingredients: Dairy-Yogurt Mustard Nuts-Peanut</p> <p>Masala Special Mixed Bhuna-Selection of Chicken Tikka Lamb Tikka Sheek Tikka Tandoori Chicken Allergen Ingredients: Dairy-Single Cream Yogurt Mustard Nuts-Peanut</p> <p>Sylheti Speciality-Chicken Tikka Allergen Ingredients: Dairy- Milk Yogurt Mustard Nuts-Peanut</p> <p>Sylheti Speciality-Selection of Vegetables Lamb Allergen Ingredients: Dairy-Milk May Contain-Green Beans</p> <p>Mr Naga Allergen Ingredients: Dairy- Milk Yogurt Mustard Nuts-Peanut May Contain-Green Beans</p> <p>Bhindi Lamb-Served with Tandoori Roti Pilau Rice Allergen Ingredients: Dairy- Milk</p> <p>Tandoori Roti Allergen Ingredients: Gluten-Wheat Dairy-Butter</p> <p>Pilau Rice Allergen Ingredients: Dairy-Butter</p> <p>Shahi Mixed Tikka Allergen Ingredients: Dairy- Milk Yogurt Mustard Nuts-Peanut Almond</p> <p>Seafood Specialities</p> <p>Chingri Malai Allergen Ingredients: Shellfish-King Prawn Dairy-Milk Single Cream Butter</p> <p>King Prawn Zinga Allergen Ingredients: Shellfish-King Prawn Dairy-Milk</p> <p>Lonely Fisherman Allergen Ingredients: Dairy-Milk Yogurt Single Cream</p>

Please note: Cooked food | Fizzy Drinks may contain Sulphite, it's widely used in the food and drinks industries for its properties as a preservative and antioxidant.

ATA SAFETY FIRST UK LTD-Food Safety Consultaion | Training
Registered Highfields Qualifications Training Services:- Food Safety | Allergen Awareness and Control | Personal License-APLH | Underage Sales Preventions | HACCP
Consultation Services: Safer Food Better Business-SFBB [Food Hygiene Ratings] | Custom build HACCP and compliance documents | Custom build Allergen Management system |
Licensing-Personal License | Premises License | Underage Sales Prevention and Policies Compliances | Planning Permission [Commercial Only Class-E]

ata SAFETYFIRST

Registered Office: 118A Windsor Road, Ilford, Essex, IG1 1HF
 Tel: 020 8227 1287 | Mobile: 07413 571602 | info@atasafetyfirst.com | www.atasafetyfirst.com

Salim's Indian Restaurant [Dine in | Takeaway]-Dishes and their Allergen Contents

No	Seafood Specialities Continuous	No	Salims Classic Dishes Continuous
	Akhbari King Prawn Allergen Ingredients: Shellfish- King Prawn Dairy- Milk Singe Cream		Tikka Massala-Chicken Tikka Allergen Ingredients: Dairy- Milk Yogurt Single Cream Butter Mustard Nuts-Peanut Almond
	King Prawn Chilli Massala Allergen Ingredients: Shellfish- King Prawn Dairy- Milk Yogurt Singe Cream Nuts-Peanut Almond		Tikka Massala-Selection of Prawn King Prawn Allergen Ingredients: Shellfish- Prawn King Prawn Dairy- Milk Yogurt Single Cream Butter Mustard Nuts-Peanut Almond
	Fishmonger Jalfrezi Allergen Ingredients: Dairy- Milk Yogurt Mustard Nuts-Peanut		Rogan Josh-Selection of Veg Chicken Lamb Allergen Ingredients: Dairy- Milk Vegetables may Contain- Green Beans
	Salmon Tikka Massala Allergen Ingredients: Shellfish- Salmon Dairy- Milk Yogurt Singe Cream Nuts-Peanut Almond		Rogan Josh-Chicken Tikka Allergen Ingredients: Dairy- Milk Yogurt Mustard Nuts-Peanut
	Salims Classic Dishes		Rogan Josh-Selection of Prawn King Prawn Allergen Ingredients: Shellfish- Prawn King Prawn Dairy- Milk
	Curry-Selection of Veg Chicken Lamb [Madras or Vindaloo] Allergen Ingredients: Dairy- Milk Vegetables may Contain- Green Beans		Balti-Selection of Veg Chicken Lamb Allergen Ingredients: Dairy- Milk Vegetables may Contain- Green Beans
	Curry-Chicken Tikka [Madras or Vindaloo] Allergen Ingredients: Dairy- Milk Yogurt Mustard Nuts-Peanut		Balti-Chicken Tikka Allergen Ingredients: Dairy- Milk Yogurt Mustard Nuts-Peanut
	Curry-Selection of Prawn King Prawn [Madras or Vindaloo] Allergen Ingredients: Shellfish- Prawn King Prawn Dairy- Milk		Balti-Selection of Prawn King Prawn Allergen Ingredients: Shellfish- Prawn King Prawn Dairy- Milk
	Jalfrezi-Selection of Veg Chicken Lamb Allergen Ingredients: Dairy- Milk Vegetables may Contain- Green Beans		Bhuna-Selection of Veg Chicken Lamb Allergen Ingredients: Dairy- Milk Vegetables may Contain- Green Beans
	Jalfrezi-Chicken Tikka Allergen Ingredients: Dairy- Milk Yogurt Mustard Nuts-Peanut		Bhuna-Chicken Tikka Allergen Ingredients: Dairy- Milk Yogurt Mustard Nuts-Peanut
	Jalfrezi-Selection of Prawn King Prawn Allergen Ingredients: Shellfish- Prawn King Prawn Dairy- Milk		Bhuna-Selection of Prawn King Prawn Allergen Ingredients: Shellfish- Prawn King Prawn Dairy- Milk
	Dhansak-Selection of Veg Chicken Lamb Allergen Ingredients: Dairy- Milk Vegetables may Contain- Green Beans		Saag-Selection of Veg Chicken Lamb Allergen Ingredients: Dairy- Milk Vegetables may Contain- Green Beans Saag Contains-Mustard Leaves
	Dhansak-Chicken Tikka Allergen Ingredients: Dairy- Milk Yogurt Mustard Nuts-Peanut		Saag-Chicken Tikka Allergen Ingredients: Dairy- Milk Yogurt Mustard Nuts-Peanut Saag Contains-Mustard Leaves
	Dhansak-Selection of Prawn King Prawn Allergen Ingredients: Shellfish- Prawn King Prawn Dairy- Milk		Saag-Selection of Prawn King Prawn Allergen Ingredients: Shellfish- Prawn King Prawn Dairy- Milk Saag Contains-Mustard Leaves
	Tikka Massala-Selection of Veg Chicken Lamb Allergen Ingredients: Dairy- Milk Yogurt Single Cream Butter Mustard Nuts-Peanut Almond Vegetables may Contain- Green Beans		Pathia-Selection of Veg Chicken Lamb Allergen Ingredients: Dairy- Milk Vegetables may Contain- Green Beans

Please note: Cooked food | Fizzy Drinks may contain Sulphite, it's widely used in the food and drinks industries for its properties as a preservative and antioxidant.

ATA SAFETY FIRST UK LTD-Food Safety Consultaion | Traning
 Registered Highfields Qualifications Training Services:- Food Safety | Allergen Awareness and Control | Personal License-APLH | Underage Sales Preventions | HACCP
 Consultation Services: Safer Food Better Business-SFBB [Food Hygiene Ratings] | Custom build HACCP and compliance documents | Custom build Allergen Management system |
 Licensing-Personal License | Premises License | Underage Sales Prevention and Policies Compliances | Planning Permission [Commercial Only Class-E]

ata SAFETYFIRST

Registered Office: 118A Windsor Road, Ilford, Essex, IG1 1HF
Tel: 020 8227 1287 | Mobile: 07413 571602 | info@atasafetyfirst.com | www.atasafetyfirst.com

Salim's Indian Restaurant [Dine in | Takeaway]-Dishes and their Allergen Contents

No	Salims Classic Dishes Continuous	No	Biryani Dishes Continuous
	<p>Pathia-Chicken Tikka Allergen Ingredients: Dairy-Milk Yogurt Mustard Nuts-Peanut</p> <p>Pathia-Selection of Prawn King Prawn Allergen Ingredients: Shellfish-Prawn King Prawn Dairy-Milk</p> <p>Korma-Selection of Veg Chicken Lamb Allergen Ingredients: Dairy-Milk Single Cream Butter Vegetables may Contain-Green Beans</p> <p>Korma-Chicken Tikka Allergen Ingredients: Dairy-Milk Single Cream Butter Mustard Nuts-Peanut</p> <p>Korma-Prawn King Prawn Allergen Ingredients: Shellfish-Prawn King Prawn Dairy-Milk Single Cream Butter</p> <p>Dupiaza-Selection of Veg Chicken Lamb Allergen Ingredients: Dairy-Milk Vegetables may Contain-Green Beans</p> <p>Dupiaza-Chicken Tikka Allergen Ingredients: Dairy-Milk Yogurt Mustard Nuts-Peanut</p> <p>Dupiaza-Selection of Prawn King Prawn Allergen Ingredients: Shellfish-Prawn King Prawn Dairy-Milk</p>		<p>Chicken Tikka Tandoori Chicken-Biryani Allergen Ingredients: Dairy-Milk Yogurt Butter Mustard Vegetables May Contain-Green Beans</p> <p>Prawn King Prawn- Biryani Allergen Ingredients: Shellfish-Prawn King Prawn Dairy-Milk Yogurt Butter Mustard Curry Sauce May Contain-Green Beans</p>
	<p>Tandoori Dishes--All Served with Green Salad</p> <p>Tandoori King Prawn Allergen Ingredients: Shellfish-King Prawn Dairy-Yogurt May Contain Butter Mustard Nuts-Peanut</p> <p>Tandoori Chicken Chicken Tikka Lamb Tikka Allergen Ingredients: Dairy-Yogurt May Contain Butter Mustard Nuts-Peanut</p> <p>Chicken Tikka Shashlick Allergen Ingredients: Dairy-Yogurt May Contain Butter Mustard Nuts-Peanut</p> <p>Mixed Grill Allergen Ingredients: Dairy-Yogurt May Contain Butter Mustard Nuts-Peanut</p>		<p>Vegetarian Mains Side Dishes</p> <p>Saag Bhaji Allergen Ingredients: Dairy-Milk Saag Contains-Mustard Leaves</p> <p>Tarka Dal <u>Allergen Free</u> Allergen Ingredients: No allergen ingredients reported</p> <p>Aloo Gobi Allergen Ingredients: Dairy-Milk</p> <p>Saag Aloo Allergen Ingredients: Dairy-Milk Saag Contains-Mustard Leaves</p> <p>Bombay Aloo Allergen Ingredients: Dairy-Milk</p> <p>Mushroom Bhaji Allergen Ingredients: Dairy-Milk</p> <p>Mutter Paneer Allergen Ingredients: Dairy-Milk Cheese</p> <p>Saag Paneer Allergen Ingredients: Dairy-Milk Cheese Saag Contains-Mustard Leaves</p> <p>Mixed Vegetable Bhaji Allergen Ingredients: Dairy-Milk Vegetables May Contain-Green Beans</p> <p>Paneer Massala Allergen Ingredients: Dairy-Milk Yogurt Single Cream Cheese Mustard Nuts-Peanut Almond</p> <p>Paneer Jalfrezi Allergen Ingredients: Dairy-Milk Cheese</p> <p>Aloo Mushroom Malaya Allergen Ingredients: Dairy-Milk Single Cream Nuts-Peanut Almond</p> <p>Vegetable Chilli Bhuna Allergen Ingredients: Dairy-Milk Vegetables May Contain-Green Beans</p>
	<p>Biryani Dishes--All Served with Curry Sauce</p> <p>House Special Biryani Allergen Ingredients: Shellfish-Prawn Dairy- Milk Yogurt Butter Egg Mustard Curry Sauce May Contain-Green Beans</p> <p>Chicken Lamb Veg-Biryani Allergen Ingredients: Dairy- Milk Butter Curry Sauce May Contain-Green Beans</p>		

Please note: Cooked food | Fizzy Drinks may contain Sulphite, it's widely used in the food and drinks industries for its properties as a preservative and antioxidant.

ATA SAFETY FIRST UK LTD-Food Safety Consultaion | Traning
Registered Highfields Qualifications Training Services:- Food Safety | Allergen Awareness and Control | Personal License-APLH | Underage Sales Preventions | HACCP
Consultation Services: Safer Food Better Business-SFBB [Food Hygiene Ratings] | Custom build HACCP and compliance documents | Custom build Allergen Management system |
Licensing-Personal License | Premises License | Underage Sales Prevention and Policies Compliances | Planning Permission [Commercial Only Class-E]

ata SAFETYFIRST

Registered Office: 118A Windsor Road, Ilford, Essex, IG1 1HF
 Tel: 020 8227 1287 | Mobile: 07413 571602 | info@atasafetyfirst.com | www.atasafetyfirst.com

Salim's Indian Restaurant [Dine in | Takeaway]-Dishes and their Allergen Contents

No	Vegetarian Mains Sides Continuous	No	Indian Breads
	Vegetable Ginger Allergen Ingredients: Dairy- Milk Vegetables May Contain- Green Beans		Plain Naan Allergen Ingredients: Gluten- Wheat Dairy- Milk Butter Egg
	Chana Aloo Saag Allergen Ingredients: Dairy- Milk Saag Contains- Mustard Leaves		Garlic Naan Allergen Ingredients: Gluten- Wheat Dairy- Milk Butter Egg
	Paneer Shashlick Allergen Ingredients: Dairy- Milk Yogurt Cheese Mustard Nuts- Peanut		Green Chilli Naan Allergen Ingredients: Gluten- Wheat Dairy- Milk Butter Egg
	Rice Selection-All using Basmati Rice		Peshwari Naan Allergen Ingredients: Gluten- Wheat Dairy- Milk Single Cream Butter Egg
	Boiled Rice <u>Allergen Free</u> Allergen Ingredients: No allergen ingredients reported		Red Leicester Cheese Naan Allergen Ingredients: Gluten- Wheat Dairy- Milk Butter Cheese Egg
	Pilau Rice Allergen Ingredients: Butter		Keema Naan Allergen Ingredients: Gluten- Wheat Dairy- Milk Butter Egg
	Mushroom Rice Allergen Ingredients: Butter		Chicken Tikka Naan Allergen Ingredients: Gluten- Wheat Dairy- Milk Butter Yogurt Egg Mustard Nuts- Peanut
	Egg Fried Rice Allergen Ingredients: Dairy- Butter Egg		Cheese & Chilli Naan Allergen Ingredients: Gluten- Wheat Dairy- Milk Butter Cheese Egg
	Vegetable Rice Allergen Ingredients: Butter Vegetables May Contain- Green Beans		Garlic Cheese Naan Allergen Ingredients: Gluten- Wheat Dairy- Milk Butter Cheese Egg
	Garlic Pilau Rice Allergen Ingredients: Dairy- Butter		Chapati Allergen Ingredients: Gluten- Wheat May Contain Butter
	Coconut Rice Allergen Ingredients: Butter		Pharata Allergen Ingredients: Gluten- Wheat Dairy- Butter/Ghee May Contain Egg Nuts- Almonds May Contain Sulphite
	Saag Rice Allergen Ingredients: Butter Saag Contains- Mustard Leaves		<div style="display: flex; align-items: center; justify-content: center;"> <div style="writing-mode: vertical-rl; transform: rotate(180deg); font-weight: bold; margin-right: 10px;">Set Meal</div> <div style="text-align: center;"> <p style="font-weight: bold; margin: 0;">Set Meal For 2</p> <p style="margin: 0;">Contains multiple allergen ingredients Before you place an please ask a member of staff or check Allergen File for more details.</p> </div> </div>
	Onion Fried Rice Allergen Ingredients: Butter		
	Lemon Rice Allergen Ingredients: Dairy- Butter		
	Keema Pilau Rice Allergen Ingredients: Dairy- Butter		
	Prawn Pilau Rice Allergen Ingredients: Shellfish- Prawn Dairy- Butter		

Please note: Cooked food | Fizzy Drinks may contain Sulphite, it's widely used in the food and drinks industries for its properties as a preservative and antioxidant.

ATA SAFETY FIRST UK LTD-Food Safety Consultaion | Traning
 Registered Highfields Qualifications Training Services:- Food Safety | Allergen Awareness and Control | Personal License-APLH | Underage Sales Preventions | HACCP
 Consultation Services: Safer Food Better Business-SFBB [Food Hygiene Ratings] | Custom build HACCP and compliance documents | Custom build Allergen Management system |
 Licensing-Personal License | Premises License | Underage Sales Prevention and Policies Compliances | Planning Permission [Commercial Only Class-E]